

Groups Via Teams Starting December 1st

Group Name	Meeting Link
Depression Bipolar Support Alliance	<u>Join the meeting now</u>
Schizophrenia Alliance	<u>Join the meeting now</u>
Emotions Anonymous	<u>Join the meeting now</u>
Positive Thinking	<u>Join the meeting now</u>
Coping Skills	<u>Join the meeting now</u>
Community Meeting	<u>Join the meeting now</u>
Men's Group	<u>Join the meeting now</u>
Women's Group	<u>Join the meeting now</u>
Healthy Relationships	<u>Join the meeting now</u>
Fun & Games	<u>Join the meeting now</u>
Dual Diagnosis	<u>Join the meeting now</u>
Sports Talk	<u>Join the meeting now</u>
Chat with MAB	<u>Join the meeting now</u>
Boundaries/ Co-dependency	<u>Join the meeting now</u>
Anger Management	<u>Join the meeting now</u>

Please click on the “[Join the meeting now](#)” and you will be redirected to the meeting.