Wellness Center South
Suggestion Box Comments & Responses – November 2026

At Wellness Center South we value your feedback! Below you will find responses to your comments and suggestions from the MAB and staff. We have tried our best to comment on each suggestion/comment to meet your needs. Please let staff or a MAB member know if your question/comment has not been answered and/or addressed. Thank you!

Comments & Suggestions:

Comment #1: A WRAP program on Saturdays.
Response #1: Great suggestion! We plan on having a new Peer Support Specialist WRAP Certified in 2027. We can look at bringing a Saturday WRAP group to our calendar in the near future. Thank you for thinking of ways for others in our community of wellness to advance in their recovery.

Comment #2: Group or WRAP program for those with chronic PTSD.
Response #2: We've had a WRAP PTSD Support groups on our calendar. In the past we purchased workbook specific to PTSD Support from the Wellness Recovery Action Plan website. We will keep you posted if we find the same group supplies that we were able to purchase in the past.

Comment #3: Juicing real organic fruit.
Response #3: That is a refreshing idea! We will add this to our list of items for our cooking group. Our Peer Support Specialist that facilitates cooking group will love to support this healthy option.

Comment #4: A follow up session after WRAP session. Hybrid during lunch hour or after 5 pm.
Response #4: We are glad to hear that you are enjoying the WRAP 8-week course and your cohort of peers that are completing a WRAP with you. We love the idea of a follow up meeting to find out how people that have completed WRAP have a platform to discuss how their WRAP may have helped them access coping skills during a stressful or challenging time. Until we find a way to schedule this, please feel free to use Community Meeting to share your experience completing a WRAP.

Comment #5: Can you please bring back OCD Support?
Response #5: OCD Support was a very popular group in the past. We will bring this group back to WCS in January. Our Peer Lead will work with our Medi-Cal Peer Support Specialist to develop a lesson plan that we can use to create a safe space for those impacted with OCD.

Comment #6: Can we have Hot Coco please?
Response #6: Yes! During the winter months we will purchase Hot Coco as an option to go with our decaf coffee and herbal teas at the hot beverage station.

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Please contact Program Director, Raul Fernandez directly if you have any question or any other concerns at (949)528-6822 or Raul.Fernandez@clarvida.com

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