

Wellness Center South – Suggestion Box Comments & Responses

February 2024

At Wellness Center South we value your feedback! Below you will find responses to your comments and suggestions from the MAB and staff. We have tried our best to comment on each suggestion/comment to meet your needs. Please let staff or a MAB member know if your question/comment has not been answered and/or addressed. Thank you!

Comments & Suggestions

Comment #1 Card Game Golf Group five days a week to socialize with each other.

Response #1 We appreciate hearing that you like the card game Golf. However, we will be keeping the number of Card Playing Groups where they are. You are free to utilize Social Hour to invite others to join in a game of Golf with you.

Comment #2 Please hold Book Club at least twice a week. One time during the week during daylight hours. The same book so if you miss the first opportunity in the week you can go to the second.

Response #2 We love hearing that you enjoy participating in the Book Club group. We will consider adding a second Book Club group for the month of April. With all of the coverage the WCS Crew provided in the month of February we are unable to add this group in March.

Comment #3 Laughter Yoga every Friday at 1:10 pm.

Response #3 Thank you for the suggestion. It looks like we have been able to adjust the time for Laughter Yoga to 1:10 pm moving forward. We hope that you continue to enjoy this group.

Comment #4 Can we do Chair Yoga with guided YouTube videos in the Front Room? Where a staff member looks up a Chair Yoga video with guided practice.

Response #4 Yes! We are trying to add new physical fitness groups at Wellness Center South. This is going to be a great addition to the groups offered at WCS. We will be adding Chair Yoga to the April calendar on Thursdays at 1:10 pm.

Comment #5 Giving headphones or earphone as gifts for the game Bingo but for the winners.

Response #5 That is a great idea to add those as options to prizes for Bingo. We will purchase some more headphones from 5Below similar to the ones that were part of the raffle prizes for the Satisfaction Surveys.

Comment #6 Can we get sandwiches at Ike's Sandwiches some day?

Response #6 We love the idea of sandwiches at an upcoming event. We will discuss this idea with our Member Advisory Board.

Please contact Program Director, Raul Fernandez directly if you have any question or any other concerns at (949)528-6822 or Raul.Fernandez@pathways.com