



## **Peer Specialist Facilitated Groups**

### **Groups Facilitated by Bei-Min:**

Morning Icebreaker, Emotions Anonymous, Art Social, Bingo, Depression Bipolar Support Alliance, N.A., Fun & Games, Aging Gracefully, Evening Social, Walk to Lunch, Women's Group, NAMI Connections, Neighborhood Clean-up, Fighting Stigma, Dual Diagnosis

### **Groups Facilitated by Brad Huber:**

Morning Icebreaker, Disc Golf, Community Meeting, Boundaries/Codependency, Music Jam (Tues/Wed), Walk to Lunch, Men's Group, Sports Talk, Healthy Relationships, Social Hour, Depression Bipolar Support Alliance, Aromatherapy Wellness, Creative Hour (Sat), Karaoke (Sat)

### **Groups Facilitated by Dax Riffe:**

Anxiety Management, LGBTQ+, Music Jam (Tues/Fri), Creative Hour (Thurs), Creative Writing, Anger Management, Around the World, Watercolor, Learn About Hobbies, OCD Support, Art Journaling, Karaoke (Sat)

### **Groups Facilitated by Vivian Gutierrez:**

Morning Icebreaker, Coping Skills, Positive Thinking, Neighborhood Walk, Schizophrenia Alliance, Cooking, Vision Board, Karaoke (Wed), Book Club, Evening Social

## **Employment/Education Specialist Facilitated Groups**

### **Groups Facilitated by Nathan Green:**

Learn to Meditate, Role Playing Games, Park Adventures

## **Lead Peer Specialist & Team Lead Facilitated Groups**

### **Groups Facilitated by Alex Guevara:**

Wellness Recovery Action Plan (WRAP), Grief Support, Pathways to Recovery, NAMI Connections, Schizophrenia Alliance, Evening Social

### **Groups Facilitated by Jason Stentz:**

Depression Bipolar Support Alliance, Chat with M.A.B, Men's Group, Outings, Walk to Lunch, Sports Talk

## **Groups Co-facilitated by Members:**

- ✦ Around the World ~ **Member**
- ✦ Card Playing Games ~ **Member**
- ✦ Fun & Games (Tuesday) ~ **Member**
- ✦ Sports Talk ~ **Member**
- ✦ Art Journaling ~ **Member**
- ✦ Learn About Hobbies ~ **Member**
- ✦ Depression Bipolar Support Alliance (Sat) ~ **Member**

Revised:12/4/2023